



Sea of Colors
PURPLE THIRD EYE CHAKRA RECIPE

Third Eye Purple Fruit Crumble

by Kimberly Bizjak

Ingredients

- 1 container blackberries
- 1 container blueberries

Crumble:

- 1/4 cup of granola
- 1/8 cup chopped pecans
- 1/8 cup chopped walnuts
- 1 Tb maple syrup or agave
- 1/8 tsp cinnamon
- Optional: Brown sugar

Directions

1. Add berries to large bowl.
2. Mix crumble ingredients in a small bowl
3. Combine
4. Optional: Top with a sprinkle of brown sugar