



*Sea of Colors*  
**PURPLE THIRD EYE CHAKRA RECIPE**

# Third Eye Purple Potato Salad

by Kimberly Bizjak

## Ingredients

- 3 purple potatoes cubed
- 1 can garbanzo beans/chickpeas
- 1/4 chopped purple onion
- 1 celery stock chopped

### Sauce:

- 5.3 oz container plain Greek or Vegan yogurt
- 1/2 cup cucumber peeled and finely chopped
- 1 tsp garlic salt
- 1 tsp parsley

## Directions

1. Grill cubed potatoes on stovetop with olive or avocado oil until tender and crispy.
2. In a large bowl, combine potatoes, beets, chickpeas, onion, and celery.
3. Mix ingredients for tzatziki sauce in a small bowl.
4. Combine sauce with potato mix or use as topping.